

LIMFEDEM SKOZI ČAS - NAPREDKI V DIAGNOSTIKI IN TERAPIJI

Thermana Laško, 7. november 2025

07.15 - 07.30 Registracija za udeležence delavnice I.: Limfotaping

07.30 - 09.30 Registracija za preostale udeležence

7.30 - 9.30 DELAVNICA I.: Limfotaping - David Blow

I. SKLOP PREDAVANJ:

09.45 - 10.00 Uvodni pozdrav - Urška Mravlje

10.00 - 10.15 Drenaža tekočine iz možganov - meningealne limfne žile - Erich Brenner

10.15 - 10.30 Diferencialne diagnoze v limfologiji - povezave in razlike med posameznimi entitetami - Markus Killinger

10.30 - 10.45 Izidi kompleksne dekongestivne terapije pri bolnikih z limfedemom roke - retrospektivna raziskava - Maja Jokić

10.45 - 11.00 Obravnava primarnega limfedema nog - prikaz primera - Uršula Zaplotnik

11.00 - 11.15 Klinična pot timske obravnave limfedema na Onkološkem inštitutu - Nataša Puzić Ravnjak

11.15 - 11.30 Vprašanja in diskusija

11.30 - 11.45 Odmor

11.45 - 12.00 Zgodovina in razvoj obravnave limfedema in lipedema - Annemary Kotnik

12.00 - 12.15 Izzivi in omejitve pri zdravljenju bolnikov z limfedemom in debelostjo - Tanja Lenk Killinger

12.15 - 12.30 Diagnostika in kirurško zdravljenje lipedema - Jani Muha

12.30 - 12.45 Limfedem pri otrocih - Markus Killinger

12.45 - 13.00 Limfedem v področju glave in vratu - Silva Uršič

13.00 - 13.10 Vprašanja in diskusija

13.10 – 14.10 Odmor in kosilo

II. SKLOP PREDAVANJ:

14.15 - 14.30 Sindromi, povezani z limfedemom - Dragana Bojinović Rodić

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- 14.30 - 14.45 Vpliv ročne limfne drenaže po dr. Vodddru na Hornerjev sindrom - prikaz primera - Ines Ledinšek, Kaja Tomanič Pepelnik
- 14.45 - 15.00 Prehabilitacija po zdravljenju raka dojke - Ana Poljičanin
- 15.00 - 15.15 Preventivni program za spodbujanje telesne aktivnosti pri pacientih z rakom dojke in limfedemom - Uršula Zaplotnik
- 15.15 - 15.30 Predpisovanje kompresijskih oblačil pri limfedemu - Ana Golež
- 15.30 - 15.45 Prehranska terapija kot del multimodalne obravnave bolnikov z limfedemom in lipedemom - Katja Kogovšek
- 15.45 - 16.00 Zdraviliško zdravljenje iz zornega kota Pravil obveznega zdravstvenega zavarovanja - Mario Bartolac
- 16.00 - 16.15 Vprašanja in diskusija, zaključek srečanja.

16.30 - 17.30 DELAVNICA II. In III.

2. Terapevtske možnosti za obravnavo fibroz - Urška Mravlje, Maja Jokić
3. Terapevtske vaje pri limfedemu - Areej Alkafarna
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LYMPHOEDEMA OVER TIME - ADVANCEMENTS IN DIAGNOSTICS AND THERAPY

Thermana Laško, November 7, 2025

07.15 - 07.30 Registration for participants of workshop I.: Lympho Taping

07.30 - 09.30 Registration for other participants

7.30 - 9.30 WORKSHOP I.: Lympho taping - David Blow

I. LECTURE SET:

09.45 - 10.00 Welcome greeting – Urška Mravlje

10.00 - 10.15 Fluid drainage from the brain - the meningeal lymphatics - Erich Brenner

10.15 - 10.30 Differential diagnoses in lymphology – connections and distinctions between the individual entities - Markus Killinger

10.30 - 10.45 Outcomes of Complex Decongestive Therapy in patients with arm lymphedema - retrospective research - Maja Jokić

10.45 - 11.00 Treatment of primary lymphedema of the legs – case report - Uršula Zaplotnik

11.00 - 11.15 Clinical pathway for team-based treatment of lymphedema at the Institute of Oncology - Nataša Puzić Ravnjak

11.15 - 11.30 Questions and Discussion

11.30 - 11.45 Coffee Break

11.45 – 12:00 History and development of lymphedema and lipedema treatment - Annemary Kotnik

12:00 – 12:15 Challenges and limitations in the treatment patients with lymphedema and obesity - Tanja Lenk Killinger

12:15 – 12:30 Diagnostics and surgical treatment of lipedema – Jani Muha

12:30 – 12:45 Lymphedema in children – Markus Killinger

12:45 – 13:00 Lymphedema in the head and neck region – Silva Uršič

13:00 – 13:10 Questions and discussion

13.10 – 14.10 Lunch break

II. LECTURE SET:

14.15 - 14.30 Syndromes Associated with Lymphoedema - Dragana Bojinović Rodić



14.30 - 14.45 The effect of manual lymphatic drainage according to dr. Vodder on Horner's syndrome - case report - Ines Ledinšek, Kaja Tomanič Pepelnik

14.45 - 15.00 Prehabilitation after breast cancer treatment - Ana Poljičanin

15.00 - 15.15 Preventive program for promoting physical activity at patients with breast cancer and lymphedema - Uršula Zaplotnik

15.15 - 15.30 Prescribing compression garments for lymphedema - Ana Golež

15.30 - 15.45 Nutritional therapy as part of multimodal management of patients with lymphedema and lipedema - Katja Kogovšek

15.45 - 16.00 Health resort treatment from the perspective of Compulsory Health Insurance Regulations - Mario Bartolac

16.00 - 16.15 Questions and discussion, conclusion of the meeting.

16.30 - 17.30 WORKSHOP II. and III.

2. Therapeutic options for treating fibrosis - Urška Mravlje, Maja Jokić

3. Therapeutic exercises for lymphedema - Areej Alkafarna

